

## Post-Class Reflection

**Instructions:** Do one of the activities below and submit a response on Canvas. These activities can take as little as ~30 minutes, but you are of course free to spend longer.

Your response can be a written response, a voice recording, a video, or a response via another medium. If your response is written, it should be at least 1 paragraph (100 - 150 words), but it can be longer. If you submit a response in a different medium, try to make the amount of content at least the equivalent length. Your response will be graded according to the rubric on the syllabus.

### Reflection activity options:

#### Free response.

You might reflect on ideas from class you wanted to explore more deeply, write down some new things you learned or a new perspective you gained, connect something you learned to your own experience or opinion, write down something that was difficult for you, some questions you still have, or even feedback on this week's module.

#### Continue the conversation.

Engage in a discussion with someone else (they do not have to be a CMU student) on a topic we discussed this week, and write up some thoughts that come out of your conversation. It may help to frame your discussion around a specific question, and then include that question explicitly in your response.

#### Explore more sources.

Engage with a new source. It can be one you find on your own, or from one of the pre-class activities (not necessarily just this week's). In your reflection, discuss this source: how does it relate to this week's topic? Does it introduce a perspective or information that wasn't brought up in class?

#### Engage creatively.

The arts have long been an important source of social change. Find (or create) a piece of art, a poem, a short story, or some other form of creative expression that you feel relates to the topics discussed in this week's class. In your response, consider the connection of this art with this week's course topic.

#### Any synthesis activity from Section C of the [Discussion Guide](#).

Any of the synthesis activities can be adapted to an individual activity. For example, for the skit, you can write a script; for the debate, you could write down key arguments on multiple sides.