

Let α be a unit vector in $\mathbb{R}^n$ and let P be the corresponding Householder reflection, as on p.22 of the linear algebra notes.

(1) To see that P is orthogonal:

(Recall $P = I - 2\alpha\alpha^T$, so P is symmetric.)

$$\begin{aligned} PP^T &= P^T P = P^2 = (I - 2\alpha\alpha^T)^2 \\ &= I - 4\alpha\alpha^T + 4\underbrace{\alpha\alpha^T\alpha\alpha^T}_{\text{this is the number 1}} \\ &= I - 4\alpha\alpha^T + 4\alpha\alpha^T \\ &= I. \end{aligned}$$

(2) To establish P 's reflection property:

$$\begin{aligned} (a) \quad P\alpha &= (I - 2\alpha\alpha^T)\alpha \\ &= I\alpha - 2\underbrace{\alpha\alpha^T\alpha}_{\text{this is the number 1}} \\ &= \alpha - 2\alpha \\ &= -\alpha. \end{aligned}$$

$$\begin{aligned} (b) \quad &\text{Let } v \text{ be a vector in } \mathbb{R}^n \text{ perpendicular to } \alpha. \\ &\text{Then } Pv = (I - 2\alpha\alpha^T)v \\ &= Iv - 2\underbrace{\alpha\alpha^T v}_{\text{this is the number 0}} \\ &= v. \end{aligned}$$