



NAROPA INSTITUTE

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Dec 3, 82

Dear Michael:

I particularly enjoyed the
end of Factory Comment Poem.

Delight to hear from you. I gather
you've had ups & downs. When/if you
break out, always ~~come~~ come back to
your breath, or interrupt the poem by
enlarging your awareness to include the
sky, vast & open. & let yr anxiety dissolve
into awareness of the spacious Vast. Why
not? It's there, unnoticed, like the
breath. Do I love you as ever, tho
you're a tough cookie, cookie! Poems
you write are fine. Enclosed letter
you asked for. If it isn't right, re-write