

## **IMPORTANT ORIENTATION MATERIAL**

We would like to give you some basic help with being supportive toward your loved one's rehabilitation off of drugs and into life. These are not absolutes but rather suggestions, based on successful actions of the past. We hope you will apply these simple guidelines at your discretion and urge you to call and ask for our **Director of Service Consultation, Alison Prestridge** for any concerns or questions you may have.

Once a new person arrives here, he or she is working closely with the Detox specialist for the first several days. If you wish to get an update on your loved one, please call our center at 800-876-6378 and ask to speak to someone working Detox. They will be able to provide you with accurate information as to how your loved one is progressing.

Although, it is not uncommon for families to deposit a small amount of spending money into an account here (which we control for them at a rate of \$10 per day maximum) it is not something that should be done generously. We recommend you start with around \$100- \$200 and inform your loved one this is all they get for at least a month and then stick to this. Don't be afraid to remind them that you have just spent over \$22,000 for their treatment here and this is the last time you will be willing to do so.

We suggest you do not call your loved one until they call you. Instead you may call our **detox unit** for updates. During the detox portion of the program we *generally* do not allow students to make or receive any calls unless it is deemed helpful to their recovery. Detox usually lasts 2 - 10 days but can be as long as one month.

Once out of Detox you would receive progress reports by calling and asking for the **Director of Service Consultation, Alison Prestridge**. You may also call your loved one during break time on the student phones at (949)-675-6325 or (949)-675-8016.

Mailing cards and letters is fine but make sure your communication is upbeat and supportive. Remember, they are just beginning to confront their drug addiction and are not up to repairing the damage yet.

You're likely to notice an improvement in attitude within a short time and may want to visit. It is strongly *suggested* you do not visit until the sauna action is complete, usually about a month. Do not encourage them to come home for a visit. This historically ends up in turmoil. It is best to allow them to complete the entire program here.

Graduation is an exciting time for both your loved one and you because it is probably the first time your loved one has accomplished anything in quite a long time. Don't be tricked into believing they will come home and all will be perfect. Once a person graduates the program he will find himself in a condition of **Liability**. Liability is defined as a half done job. It is assigned where careless or malicious and knowing damage is caused to a group. It is a liability to have

such a person unwatched. The condition is assigned for the benefit of others so they won't get tripped up trusting the person in any way. The steps one must do to arise out of Liability are as follows:

- 1) Decide who are one's friends. *This step will have been done here*
- 2) Deliver an effective blow to the enemies of the group one has been pretending to be part of (drug addicts) despite personal danger. *This step was done by the person doing and completing the Narconon program.*
- 3) Make up the damage one has done by personal contribution beyond the ordinary demands of a group member. *Aha! This is the step your loved one will be working on for at least 6 months. Could be years. Your job is to allow it to occur and NOT be too quick to forgive and reward.*

More information on these and other conditions of life can be found in book 7 of the Narconon program and your loved one will have studied these thoroughly.

Sincerely,  
The staff of Narconon Southern California