# ACQUISITION OF A BIPED WALKING PATTERN USING A POINCARE MAP 

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#### Abstract

We propose a model-based reinforcement learning algorithm for biped walking in which the robot learns to appropriately place the swing leg. This decision is based on a learned model of the Poincare map of the periodic walking pattern. The model maps from a state at a single support phase and foot placement to a state at the next single support phase. We applied this approach to both a simulated robot model and an actual biped robot. We show that successful walking patterns are acquired.


Keywords: Biped Walking; Reinforcement Learning; Poincare map

## 1. Introduction

In this paper, we propose a learning algorithm to generate appropriate foot placement for biped walking. We are using model-based reinforcement learning, where we learn a model of a Poincare map and then choose control actions based on a computed value function. Alternative approaches applying reinforcement learning to biped locomotion include ${ }^{1,13,2}$.

First, we use a simulated 5 link biped robot (Fig. 1) to evaluate our proposed method. Physical parameters of the 5 link simulated robot in table 1 are selected to model an actual biped robot fixed to a boom that keeps the robot in the sagittal plane (Fig. 1). We also show that the proposed method can be applied to the actual robot. Our bipeds have a short torso and point or round feet without ankle joints. For these bipeds, controlling biped walking trajectories with the popular ZMP approach $20,8,22,12$ is difficult or not possible, and thus an alternative method for controller design must be used.

In section 2, we introduce our reinforcement learning method for biped walking. In section 3, we show simulation results. In section 4, we present an implementation of the proposed method on the real robot, we show that the robot acquire a successful walking pattern within 100 trials.


Fig. 1. Five link biped robot

Table 1. Physical parameters of the five link robot model

|  | trunk | thigh | shin |
| :---: | :---: | :---: | :---: |
| mass $[\mathrm{kg}]$ | 2.0 | 0.64 | 0.15 |
| length $[\mathrm{m}]$ | 0.01 | 0.2 | 0.2 |
| inertia $\left(\times 10^{-4}\left[\mathrm{~kg} \cdot \mathrm{~m}^{2}\right]\right)$ | 1.0 | 6.9 | 1.4 |

## 2. Model-based reinforcement learning for biped locomotion

We use a model-based reinforcement learning framework ${ }^{4,17}$. We learn a Poincare map of the effect of foot placement, and then learn a corresponding value function for states at phases $\phi=\frac{1}{2} \pi$ and $\phi=\frac{3}{2} \pi$ (Fig. 2), where we define phase $\phi=0$ as the right foot touchdown.

The input state is defined as $\mathbf{x}=(d, \dot{d})$. where $d$ denotes the horizontal distance between the stance foot position and the body position (Fig. 3). We use the hip position as the body position because the center of mass is almost at the same position as the hip position (Fig. 1). The action of the robot $\mathbf{u}=\theta_{\text {act }}$ is the target knee joint angle of the swing leg which determines the foot placement (Fig. 3).

### 2.1. Function approximator

We use Receptive Field Weighted Regression(RFWR) ${ }^{16}$ as the function approximator for the policy, the value function and the estimated Poincare map. We approximate a target function $g(\mathbf{x})$ with

$$
\begin{gather*}
\hat{g}(\mathbf{x})=\frac{\sum_{k=1}^{N_{b}} a_{k}(\mathbf{x}) h_{k}(\mathbf{x})}{\sum_{k=1}^{N_{b}} a_{k}(\mathbf{x})}  \tag{1}\\
h_{k}(\mathbf{x})=\mathbf{w}_{k}^{T} \tilde{\mathbf{x}}_{k}  \tag{2}\\
a_{k}(\mathbf{x})=\exp \left(-\frac{1}{2}\left(\mathbf{x}-\mathbf{c}_{k}\right)^{T} \mathbf{D}_{k}\left(\mathbf{x}-\mathbf{c}_{k}\right)\right), \tag{3}
\end{gather*}
$$

where $\mathbf{c}_{k}$ is the center of the $k$-th basis function, $\mathbf{D}_{k}$ is the distance metric of the $k$-th basis function, $N_{b}$ is the number of basis functions, and $\tilde{\mathbf{x}}_{k}=\left(\left(\mathbf{x}-\mathbf{c}_{k}\right)^{T}, 1\right)^{T}$


Fig. 2. Biped walking trajectory using four via-points: we update parameters and select actions at Poincare sections at phase $\phi=\frac{\pi}{2}$ and $\phi=\frac{3 \pi}{2}$. L:left leg, R:right leg


Fig. 3. (left) Input state, (right) Output of the controller
is the augmented state. The update rule for the parameter $\mathbf{w}$ is given by:

$$
\begin{equation*}
\Delta \mathbf{w}_{k}=a_{k} \mathbf{P}_{k} \tilde{\mathbf{x}}_{k}\left(g(\mathbf{x})-h_{k}(\mathbf{x})\right), \tag{4}
\end{equation*}
$$

where

$$
\begin{equation*}
\mathbf{P}_{k} \leftarrow \frac{1}{\lambda}\left(\mathbf{P}_{k}-\frac{\mathbf{P}_{k} \tilde{\mathbf{x}}_{k} \tilde{\mathbf{x}}_{k}^{T} \mathbf{P}_{k}}{\frac{a_{k}}{\lambda}+\tilde{\mathbf{x}}_{k}^{T} \mathbf{P}_{k} \tilde{\mathbf{x}}_{k}}\right), \tag{5}
\end{equation*}
$$

and $\lambda=0.999$ is the forgetting factor.
In this study, we allocate a new basis function if the activation of all existing units is smaller than a threshold $a_{\text {min }}$, i.e.,

$$
\begin{equation*}
\max _{k} a_{k}(\mathbf{x})<a_{\min } \tag{6}
\end{equation*}
$$

where $a_{\min }=\exp \left(-\frac{1}{2}\right)$. We initially align basis functions $a_{k}(\mathbf{x})$ at even intervals in each dimension of input space $\mathbf{x}=(d, \dot{d})$ (Fig. 3) $[-0.2(m) \leq d \leq$ $0.2(m)$ and $-1.0(\mathrm{~m} / \mathrm{s}) \leq \dot{d} \leq 1.0(\mathrm{~m} / \mathrm{s})]$. Initial numbers of basis functions are
$400(=20 \times 20)$ for approximating the policy and the value function. We put 1 basis function at origin for approximating the Poincare map. We set the distance metric $\mathbf{D}_{k}$ to $\mathbf{D}_{k}=\operatorname{diag}\{2500,90\}$ for the policy and the value function, and $\mathbf{D}_{k}=\operatorname{diag}\{2500,225,1600\}$ for the Poincare map. The centers of the basis functions $\mathbf{c}_{k}$ and the distance metrics of the basis functions $\mathbf{D}_{k}$ are fixed during learning.

### 2.2. Learning the Poincare map of biped walking

We learn a model that predicts the state of the biped a half cycle ahead, based on the current state and the foot placement at touchdown. We are predicting the location of the system in a Poincare section at phase $\phi=\frac{3 \pi}{2}$ based on the system's location in a Poincare section at phase $\phi=\frac{\pi}{2}$ (Fig. 2). We use a different model to predict the location at phase $\phi=\frac{\pi}{2}$ based on the location at phase $\phi=\frac{3 \pi}{2}$ because the real robot has asymmetric property mainly caused by boom.

Because the state of the robot drastically changes at foot touchdown $(\phi=0, \pi)$, we select the phases $\phi=\frac{\pi}{2}$ and $\phi=\frac{3 \pi}{2}$ as Poincare sections. We approximate this Poincare map using a function approximator with a parameter vector $\mathbf{w}^{m}$,

$$
\begin{align*}
\hat{\mathbf{x}}_{\frac{3 \pi}{2}} & =\hat{\mathbf{f}}_{1}\left(\mathbf{x}_{\frac{\pi}{2}}, \mathbf{u}_{\frac{\pi}{2}} ; \mathbf{w}_{1}^{m}\right),  \tag{7}\\
\hat{\mathbf{x}}_{\frac{\pi}{2}} & =\hat{\mathbf{f}}_{2}\left(\mathbf{x}_{\frac{3 \pi}{2}}, \mathbf{u}_{\frac{3 \pi}{2}} ; \mathbf{w}_{2}^{m}\right), \tag{8}
\end{align*}
$$

where the input state is defined as $\mathbf{x}=(d, \dot{d})$, and the action of the robot is defined as $\mathbf{u}=\theta_{\text {act }}$ (Fig. 3).

### 2.3. Representation of biped walking trajectories and the low-level controller

One cycle of biped walking is represented by four via-points for each joint. The output of a current policy $\theta_{a c t}$ is used to specify via-points (Table 2). We interpolated trajectories between target postures by using the minimum jerk criteria ${ }^{6,21}$ except for pushing off at the stance knee joint. For pushing off at the stance knee, we instantaneously change the desired joint angle to deliver a pushoff to a fixed target to accelerate the motion.

Zero desired velocity and acceleration are specified at each via-point. To follow the generated target trajectories, the torque output at each joint is given by a PD servo controller:

$$
\begin{equation*}
\tau_{j}=k\left(\theta_{j}^{d}(\phi)-\theta_{j}\right)-b \dot{\theta}_{j}, \tag{9}
\end{equation*}
$$

where $\theta_{j}^{d}(\phi)$ is the target joint angle for $j$-th joint $(j=1 \cdots 4)$, position gain $k$ is set to $k=2.0$ except for the knee joint of the stance leg (we use $k=8.0$ for the knee joint of the stance leg), and the velocity gain $b$ is set to $b=0.05$. Table 2 shows the target postures.

We reset the phase ${ }^{19,14}$ to $\phi=\phi_{\text {reset }}$ at right foot touchdown and to $\phi=$ $\pi+\phi_{\text {reset }}$ at left foot touchdown, where $\phi_{\text {reset }}=0.3 \mathrm{rad}$ is empirically determined.

Table 2. Target postures at each phase $\phi: \theta_{\text {act }}$ is provided by the output of current policy. The units for numbers in this table are degrees

|  | right hip | right knee | left hip | left knee |
| :---: | :---: | :---: | :---: | :---: |
| $\phi=0$ | -10.0 | $\theta_{\text {act }}$ | 10.0 | 0.0 |
| $\phi=0.5 \pi$ |  | $\theta_{\text {act }}$ |  | 60.0 |
| $\phi=0.7 \pi$ | 10.0 |  | -10.0 |  |
| $\phi=\pi$ | 10.0 | 0.0 | -10.0 | $\theta_{\text {act }}$ |
| $\phi=1.5 \pi$ |  | 60.0 |  | $\theta_{\text {act }}$ |
| $\phi=1.7 \pi$ | -10.0 |  | 10.0 |  |

### 2.4. Rewards

The robot gets a reward if it successfully continues walking and gets punishment (negative reward) if it falls down. On each transition from phase $\phi=\frac{1}{2} \pi$ (or $\phi=\frac{3}{2} \pi$ ) to phase $\phi=\frac{3}{2} \pi$ (or $\phi=\frac{1}{2} \pi$ ), the robot gets a reward 0.1 if the height of the body remains above 0.35 m during the past half cycle. If the height of the body goes below 0.35 m , the robot is given a negative reward ( -1 ) and the trial is terminated.

### 2.5. Learning the value function

In a reinforcement learning framework, the learner tries to create a controller which maximizes expected total return. We define the value function for the policy $\mu$

$$
\begin{equation*}
V^{\mu}(\mathbf{x}(t))=E\left[r(t+1)+\gamma r(t+2)+\gamma^{2} r(t+3)+\ldots\right] \tag{10}
\end{equation*}
$$

where $r(t)$ is the reward at time $t$, and $\gamma(0 \leq \gamma \leq 1)$ is the discount factor ${ }^{\text {a }}$. In this framework, we evaluate the value function only at $\phi(t)=\frac{\pi}{2}$ and $\phi(t)=\frac{3}{2} \pi$. Thus, we consider our learning framework as model-based reinforcement learning for a semi-Markov decision process (SMDP) ${ }^{18}$. We use a function approximator with a parameter vector $\mathbf{w}^{v}$ to represent the value function:

$$
\begin{equation*}
\hat{V}(t)=\hat{V}\left(\mathbf{x}(t) ; \mathbf{w}^{v}\right) \tag{11}
\end{equation*}
$$

By considering the deviation from equation (10), we can define the temporal difference error (TD-error) ${ }^{17,18}$ :

$$
\begin{equation*}
\delta(t)=\sum_{k=t+1}^{t_{T}} \gamma^{k-t-1} r(k)+\gamma^{t_{T}-t} \hat{V}\left(t_{T}\right)-\hat{V}(t) \tag{12}
\end{equation*}
$$

where $t_{T}$ is the time when $\phi\left(t_{T}\right)=\frac{1}{2} \pi$ or $\phi\left(t_{T}\right)=\frac{3}{2} \pi$. The update rule for the value function can be derived as

$$
\begin{equation*}
\hat{V}(\mathbf{x}(t)) \leftarrow \hat{V}(\mathbf{x}(t))+\beta \delta(t) \tag{13}
\end{equation*}
$$

${ }^{a}$ We followed the definition of the value function in ${ }^{17}$
where $\beta=0.2$ is a learning rate. The parameter vector $\mathbf{w}^{v}$ is updated by equation (4).

### 2.6. Learning a policy for biped locomotion

We use a stochastic policy to generate exploratory action. The policy is represented by a probabilistic model:

$$
\begin{equation*}
\mu(\mathbf{u}(t) \mid \mathbf{x}(t))=\frac{1}{\sqrt{2 \pi} \sigma} \exp \left(-\frac{\left(\mathbf{u}(t)-\mathbf{A}\left(\mathbf{x}(t) ; \mathbf{w}^{a}\right)\right)^{2}}{2 \sigma^{2}}\right) \tag{14}
\end{equation*}
$$

where $\mathbf{A}\left(\mathbf{x}(t) ; \mathbf{w}^{a}\right)$ denotes the mean of the model, which is represented by a function approximator, where $\mathbf{w}^{a}$ is a parameter vector. We changed the variance $\sigma$ according to the trial as $\sigma=0.2\left(\frac{150-N_{\text {trial }}}{150}\right)+0.01$ for $N_{\text {trial }} \leq 150$ and $\sigma=0.01$ for $N_{\text {trial }}>$ 150, where $N_{\text {trial }}$ denotes the number of trials. The output of the policy is

$$
\begin{equation*}
\mathbf{u}(t)=\mathbf{A}\left(\mathbf{x}(t) ; \mathbf{w}^{a}\right)+\sigma \mathbf{n}(t) \tag{15}
\end{equation*}
$$

where $\mathbf{n}(t) \sim N(0,1) . N(0,1)$ indicate a normal distribution which has mean of 0 and variance of 1 .

We derive the update rule for a policy by using the value function and the estimated Poincare map.
(1) Predict the next state $\hat{\mathbf{x}}\left(t_{T}\right)$ from the current state $\mathbf{x}(t)$ and the nominal action $\mathbf{u}=\mathbf{A}\left(\mathbf{x}(t) ; \mathbf{w}^{a}\right)$ using the Poincare map model $\hat{\mathbf{x}}\left(t_{T}\right)=\hat{\mathbf{f}}\left(\mathbf{x}(t), \mathbf{u}(t) ; \mathbf{w}^{m}\right)$.
(2) Derive the gradient of the value function $\frac{\partial V}{\partial \mathbf{x}}$ at the predicted state $\hat{\mathbf{x}}\left(t_{T}\right)$.
(3) Derive the gradient of the dynamics model $\frac{\partial \mathbf{f}}{\partial \mathbf{u}}$ at the current state $\mathbf{x}(t)$ and the nominal action $\mathbf{u}=\mathbf{A}\left(\mathbf{x}(t) ; \mathbf{w}^{a}\right)$.
(4) Update the policy $\mu$ :

$$
\begin{equation*}
\mathbf{A}\left(\mathbf{x} ; \mathbf{w}^{a}\right) \leftarrow \mathbf{A}\left(\mathbf{x} ; \mathbf{w}^{a}\right)+\alpha \frac{\partial V(\mathbf{x})}{\partial \mathbf{x}} \frac{\partial \mathbf{f}(\mathbf{x}, \mathbf{u})}{\partial \mathbf{u}} \tag{16}
\end{equation*}
$$

where $\alpha=0.2$ is the learning rate. The parameter vector $\mathbf{w}^{a}$ is updated by equation (4). We can consider the output $\mathbf{u}(t)$ is an option in the SMDP ${ }^{18}$ initiated in state $\mathbf{x}(t)$ at time $t$ when $\phi(t)=\frac{1}{2} \pi$ (or $\phi=\frac{3}{2} \pi$ ), and it terminates at time $t_{T}$ when $\phi=\frac{3}{2} \pi\left(\right.$ or $\left.\phi=\frac{1}{2} \pi\right)$.

## 3. Simulation results

We applied the proposed method to the 5 link simulated robot (Fig. 1). We use a manually generated initial step to get the pattern started. We set the walking period to $T=0.79 \mathrm{sec}(\omega=8.0 \mathrm{rad} / \mathrm{sec})$. A trial terminated after 30 steps or after the robot fell down. Figure 4 (Top) shows the walking pattern before learning.

Figure 5 shows the accumulated reward at each trial. We defined a successful trial when the robot achieved 30 steps. A stable biped walking controller was acquired within 200 trials (Fig. 5). The shape of the value function is shown in Figure 6. The minimum value of the value function is located at negative body position $d$
and negative body velocity $\dot{d}$ because this state leads the robot to fall backward. The maximum value of the value function is located at negative body position $d$ and positive body velocity $\dot{d}$ which leads to a successful walk.

Figure 7 shows joint angle trajectories of stable biped walking after learning. Note that the robot added energy to its initially slow walk by choosing $\theta_{\text {act }}$ appropriately which affects both foot placement and the subsequent pushoff. The acquired walking pattern is shown in Figure 4(Bottom).


Fig. 4. Acquired biped walking pattern: (Top)Before learning, (Bottom)After learning


Fig. 5. Accumulated reward at each trial: Results of 10 experiments


Fig. 6. Shape of acquired value function


Fig. 7. Joint angle trajectories after learning

## 4. Real robot implementation

We applied the proposed model-based reinforcement learning scheme to our real biped (Fig. 1). We use a walking pattern generated by a pre-designed state machine controller ${ }^{15}$ as the nominal walking pattern. We detect via-points from this nominal walking pattern and manually select via-points which correspond to foot placement (Fig 8). In this framework, control output $\theta_{\text {act }}$ modulate the selected via-points $\theta_{i}^{v}$ :

$$
\begin{equation*}
\theta_{i}^{v}=\bar{\theta}_{i}^{v}+\theta_{\text {act }} \quad\left(i=1, \cdots, n^{v}\right), \tag{17}
\end{equation*}
$$

where $n^{v}$ denotes number of selected via-points, and $\bar{\theta}_{i}^{v}$ denotes nominal value of the selected via-points. Each selected via-point is equally modulated by the control output $\theta_{\text {act }}$.

We changed the variance $\sigma$ in equation (14) according to the trial as $\sigma=$ $0.1\left(\frac{50-N_{\text {trial }}}{50}\right)+0.01$ for $N_{\text {trial }} \leq 50$ and $\sigma=0.01$ for $N_{\text {trial }}>50$, where
$N_{\text {trial }}$ denotes the number of trials. We set the walking period to $T=0.84 \mathrm{sec}$ $(\omega=7.5 \mathrm{rad} / \mathrm{sec})$. A trial terminated after 30 steps or after the robot fell down. We use the pre-designed state machine for the initial 6 steps.

We also used a phase resetting method for the real robot experiment. We reset the phase to $\phi=\phi_{\text {reset }}$ at right foot touchdown and to $\phi=\pi+\phi_{\text {reset }}$ at left foot touchdown, where $\phi_{\text {reset }}=0.3 \mathrm{rad}$.

Figure 9 shows a biped walking pattern before learning. The robot fell over with the nominal walking pattern. Figure 10 shows a biped walking pattern after learning. After 100 trials in the real environment, the robot acquired a policy which can generates stable biped walking pattern. We applied the acquired controller to a different ground surface. Even on a metal surface, the robot successfully walked using the learned biped walking policy (Fig. 11).

Figure 12 shows joint angle trajectories of the actual robot. The robot generated a stable periodic pattern after 100 trials. During each step, the robot straightened its leg, which is uncommon in the popular ZMP approach due to the necessity of avoiding singularities.

Figure 13 shows the accumulated reward at each trial using the real robot. The robot learned a stable walking pattern within 100 trials.

An acquired value function after 100 trials is shown in Figure 14. The minimum value of the value function is located around zero body position $d=0.0$ and negative body velocity $\dot{d}$, and the maximum value of the value function is located around zero body position $d=0.0$ and positive body velocity $\dot{d}$. The difference between shape of the value function acquired in the simulated environment (Fig. 6) and the real environment (Fig. 14) is possibly caused by the effect of the boom.


Fig. 8. Nominal joint-angle trajectories and detected via-points represented by cross ( $\times$ ). Manually selected via-points represented by circle (o) are modulated by control output $\theta_{\text {act }}$.


Fig. 9. Biped walking pattern before learning


Fig. 10. Biped walking pattern after learning


Fig. 11. Biped walking pattern on metal surface

## 5. Discussion

In this study, we controlled foot placement using the knee because the lower leg has smaller mass and tracking the target joint angle at the knee is easier than tracking using the hip joint. We applied the proposed approach to a physical biped robot and acquired a policy which generates a stable walking pattern. Using hip joints or using different variables for the output of the policy are interesting topics for future


Fig. 12. Joint angle trajectories after learning on real robot


Fig. 13. Accumulated reward at each trial using real robot
work. We are also considering using captured data of a human walking pattern ${ }^{23}$ as a nominal trajectory instead of using a hand-designed walking pattern.

In our previous work, we have proposed a trajectory optimization method for biped locomotion ${ }^{10,11}$ based on differential dynamic programming ${ }^{5,9}$. We are now considering combining this trajectory optimization method with the proposed reinforcement learning method.

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Fig. 14. Shape of acquired value function in real environment

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