Standing Balance Control Using a Trajectory Library

Chenggang Liu and Christopher G. Atkeson

Abstract— This paper presents a standing balance controller that explicitly handles pushes. We employ a library of optimal trajectories and the neighboring optimal control method to generate local approximations to the optimal control. We take advantage of a parametric nonlinear optimization method, SNOPT, to generate initial trajectories and then use Differential Dynamic Programming (DDP) to further refine them and get their neighboring optimal control. A library generation method is proposed, which keeps the trajectory library to a reasonable size. We compare the proposed controller with an optimal controller and an LQR based gain scheduling controller using the same optimization criterion. Simulation results demonstrate the performance of the proposed method.

I. INTRODUCTION

Humanoid robots are expected to interact with humans and complex unstructured environments, so unexpected perturbations, such as collisions with people or moving objects, are inevitable. This paper focuses on balance control during upright stance with unexpected pushes.

Studies of human standing balance have identified two discrete strategies [1]. One is the ankle strategy, in which all joints except for the ankle are fixed and torque about the ankle joint is used to compensate for the perturbation. The other is the hip strategy, in which torque about the hip joint is used to accelerate the torso and move the Center of Mass (CoM). If the perturbation is very large, a step has to be taken [2], [3]. In this paper, only balance without stepping is addressed.

Bio-mechanically motivated controllers, such as [4], and intuitive controller designs, such [5], [6] have been studied. In [7], [8], optimal control and state estimation is used to explain selection of control strategies used by humans. The system is linearized and Linear Quadratic Regulators are designed for each perturbation. A form of gain scheduling is employed to account for nonlinearities caused by control and bio-mechanical constraints.

We use a trajectory library [9] to represent an optimal controller. In [10], it was shown that multiple balance recovery strategies can be generated by a single optimization criterion. For nonlinear systems, Dynamic Programming (DP) provides a way to find globally optimal control laws. But for high dimensional systems, such as a humanoid robot, the computation and even the storage of nonlinear feedback laws becomes difficult [11]. Parametric nonlinear programming methods, such as SQP (Sequential Quadratic Programming), have been used to solve trajectory optimization for finite

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Fig. 1. Two-link robot model.

dimensional problems [12]. Differential Dynamic Programming (DDP), which is a second order gradient technique for trajectory optimization [13], applies the principle of optimality in the neighborhood of a nominal trajectory. This allows the coefficients of a linear or quadratic expansion of the value function to be computed along the trajectory. These coefficients may then be used to compute an improved trajectory and a local approximation to the optimal control law in its neighborhood, which can be used to compute an optimal feedback control law [14]. We take advantage of parametric nonlinear programming methods to generate initial trajectories, which are then refined by DDP to produce local control laws and more optimal trajectories.

Most previous work assumes that pushes are instantaneous and change the joint velocities instantaneously. In practice, the pushes may last for a while. The proposed controller can handle instantaneous and continuous pushes.

The rest of the paper is organized as follows. In section II, the robot model and the optimization criterion are proposed. Section III describes the neighboring optimal control method. Section IV proposes the balance controller and the optimal trajectory library generation method. Simulation results are provided in section V to demonstrate the validity and the performance of the proposed method. Conclusions and future work are discussed in Section VI.

II. ROBOT MODEL

A two-link inverted pendulum model in the sagittal plane is modeled, as shown in Fig. 1. The parameters are listed in

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TABLE I Parameters of the robot model

l_1 (m)	0.661	l_2 (m)	0.653
l_{1cm} (m)	0.430	l_{2cm} (m)	0.141
m_1 (Kg)	19.474	m_2 (Kg)	29.492
MoI_1 (Kg.m ²)	0.696	MoI_2 (Kg.m ²)	1.03356

Table I, where l_{1cm} and l_{2cm} are the distances from the center of mass (CoM) of each link to the joint below, and MoI₁ and MoI2 are the momentum of inertia of each link about its CoM. The ankle angle is bounded by $-0.52 < \theta_a < 0.79$ radians. The hip angle is bounded by $-2.18 < \theta_h < 0.52$ radians. $\theta_a = 0$ and $\theta_h = 0$ is upright. The ankle velocity is bounded by $-4.6 < \dot{\theta}_a < 4.6$ radians/second. The hip velocity is bounded by $-7.7 < \dot{\theta}_h < 7.7$ radians/second. The maximum hip torque is ± 157 Newton-meters. Ankle torque is limited to prevent the foot from tilting. We use a symmetric foot 0.2 meters long in our model. Assuming that in standing the center of pressure is at the center of the foot, then the maximum ankle torque is ± 50 Newton-meters. A horizontal push is applied on some point of a link, where p is the size of push and r is the distance from the point of action to the joint below.

The one step optimization criterion is the weighted sum of the squared deviations of the current state from the desired state and the squared joint torques:

$$L(\mathbf{x}, \mathbf{u}) = T(\mathbf{x} - \mathbf{x}_d)^T \mathbf{Q}(\mathbf{x} - \mathbf{x}_d) + T\mathbf{u}^T \mathbf{R}\mathbf{u}, \quad (1)$$

where T is the time step of the simulation (0.01s), $\mathbf{x}^T = (\theta_a, \theta_h, \dot{\theta}_a, \dot{\theta}_h)$ is the current state, $\mathbf{u}^T = (\tau_a, \tau_h)$ is the control vector, \mathbf{x}_d is the desired state, which is the static equilibrium state for a specified push, and \mathbf{Q} and \mathbf{R} are both currently identity matrices with appropriate dimensions.

III. NEIGHBORING OPTIMAL CONTROL

Given the discrete time dynamics of the robot:

$$\mathbf{x}(k+1) = \mathbf{f}(\mathbf{x}(k), \mathbf{u}(k), p, r),$$
(2)

where p is the push size, r is the push location; and the optimal value function

$$V(\mathbf{x}) = L(\mathbf{x}, \mathbf{u}^*) + V(\mathbf{f}(\mathbf{x}, \mathbf{u}^*)), \qquad (3)$$

where \mathbf{u}^* is the optimal control for the state, \mathbf{x} . The neighboring optimal control is given by [15]:

$$\mathbf{u}(k) = \mathbf{u}^*(k) - \mathbf{K}^*(k)(\mathbf{x}(k) - \mathbf{x}^*(k))$$
(4)

and

$$\mathbf{K}^{*}(k) = -\frac{\partial \mathbf{u}^{*}(\mathbf{x}(k))}{\partial \mathbf{x}(k)}\Big|_{\mathbf{x}^{*}(k)}.$$
(5)

In order to compute \mathbf{K}^* , the partial derivatives $V_x = \frac{\partial V}{\partial \mathbf{x}}$ and $V_{xx} = \frac{\partial^2 V}{\partial \mathbf{x}^2}$ have to be computed along the trajectory. Given an optimal trajectory, one can integrate V(k), $V_x(k)$, and $V_{xx}(k)$ backward in time starting from the end of the trajectory [13].

The neighboring optimal control law is a local linear model for the optimal policy in the neighborhood of the



Fig. 2. Standing balance controller architecture.

optimal trajectory. Therefore, a closed-loop feedback control solution can be given by:

$$\mathbf{u}(\mathbf{x}) = \bar{\mathbf{u}} - \bar{\mathbf{K}}(\mathbf{x} - \bar{\mathbf{x}}),\tag{6}$$

where $\bar{\mathbf{x}}$ is the closest state on the optimal trajectory to the current state, \mathbf{x} . $\bar{\mathbf{u}}$ and $\bar{\mathbf{K}}$ are the optimal control and the feedback gain matrix corresponding to $\bar{\mathbf{x}}$.

IV. BALANCE CONTROLLER USING A TRAJECTORY LIBRARY

A. Controller Architecture

The standing balance controller is shown in Fig. 2. In each time step, the state estimate, $\hat{\mathbf{x}}$, the push size estimate, \hat{p} , and the push location estimate, \hat{r} are calculated. During balance control, a trajectory is chosen according to the distance, $(p, r)\mathbf{W}(p, r)^T$, where \mathbf{W} a diagonal weighting matrix. The range of p is about -80 to +80 and the range of r is between 0 and 0.653, so \mathbf{W} is diag(1, 100) currently. Given the optimal trajectory and its neighboring optimal control feedback gains, we get a local linear approximation to the optimal control law in its neighborhood. According to the current state estimate, $\hat{\mathbf{x}}$, the closest state on the optimal trajectory, $\bar{\mathbf{x}}$, along with the corresponding control, $\bar{\mathbf{u}}$, and the feedback gain matrix, $\bar{\mathbf{K}}$ are used. The state distance is given by $\mathbf{x}^T \mathbf{D} \mathbf{x}$, where \mathbf{D} is diag(1,1,0.1,0.1) currently. The output of the controller is thus given by:

$$\mathbf{u} = \bar{\mathbf{u}} - \bar{\mathbf{K}}(\mathbf{x} - \bar{\mathbf{x}}). \tag{7}$$

B. Trajectory Library on a Uniform Grid of Initial Conditions

Differential Dynamic Programming is a second order gradient method and it can converge to a better solution if the starting trajectory is good, otherwise the convergence is slow or it may even fail. Parametric nonlinear programming methods have been used to solve trajectory optimization problems [12]. We find they are generally more robust in terms of finding a solution than DDP.

SNOPT is a general-purpose system for constrained optimization using a sparse sequential quadratic programming (SQP) method [16]. We use it to generate starting trajectories for different conditions. For standing balance control, a selection of initial conditions is considered. For constant pushes, the initial joint angles and velocities are all zero.



Fig. 3. The lookup table for constant pushes on the torso.

The push size, p, and the push location, r, are not zero. For instantaneous pushes, the initial joint velocities are not zero. The initial joint angles, the push size, and the push location are all zero. For constant pushes, the robot eventually leans into the pushes and attains zero joint torque. In order to balance after the constant pushes are removed, initial conditions with nonzero joint angles should also be considered. For each type of push, initial conditions are generated on a uniform grid. Trajectories are optimized by SNOPT for each initial condition. For example, we use 10 Newtons as the push magnitude step size, 0.3 meters as the push location step size, and generate starting trajectories on a uniform grid for constant pushes on the torso.

We use DDP to refine the trajectories produced by SNOPT and store the trajectories and their feedback gain matrices in the library. Given a good starting trajectory, DDP can find a better solution rapidly.

C. Trajectory Library on an Adaptive Grid of Initial Conditions

It is difficult to determine step sizes during the trajectory library generation on a uniform grid of initial conditions. If step sizes are too large, the final controller's performance is bad. But if they are too small, the size of trajectory library becomes too big. We propose a trajectory library on an adaptive grid of initial conditions.

In order to store trajectories on an adaptive grid of initial conditions, optimal trajectories are generated and then stored into a library incrementally based on performance. We have developed an adaptive grid formulation which adjusts the cell boundaries so that the deviation from the optimal value is less than a performance bound. For example, we use 1000 as the performance bound and generate trajectories to handle constant pushes on the torso. The final library has only 30 trajectories. The result is shown as Fig. 3, in which each block defines a control region of one optimal trajectory. During balance control, a trajectory is chosen according to the lookup table shown in Fig. 3. The middle large region uses the optimal trajectory for a zero push, which is an LQR controller since the trajectory remains at the standing equilibrium.

D. Online State and Push Estimation

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We have no sensor for the joint velocities, push size, and push location, which have to be estimated. We employ a new state variable, $\mathbf{y}^T = (\theta_a, \theta_h, \dot{\theta}_a, \dot{\theta}_h, p, r)$ and an observation, $\mathbf{z}^T = (\bar{\theta}_a, \bar{\theta}_h, \bar{f}_x, \bar{f}_z)$, where $\bar{\theta}_a$ and $\bar{\theta}_h$ are noisy measurements of the ankle angle and the hip angle, \bar{f}_x and \bar{f}_z are noisy measurements of the ankle forces, as shown in Fig. 1. Therefore, the state transition and the observation model are given by:

$$\mathbf{y}(k+1) = \mathbf{g}(\mathbf{y}(k), \mathbf{u}(k)) + \mathbf{w}$$
(8)

$$\mathbf{z}(k) = \mathbf{h}(\mathbf{y}(k), \mathbf{u}(k)) + \mathbf{v}$$
(9)
$$\mathbf{N}(0, \mathbf{S}) = \mathbf{v} = \mathbf{N}(0, \mathbf{T})$$
(10)

$$\sim N(0, \mathbf{S}) \qquad \mathbf{v} \sim N(0, \mathbf{I}) \qquad (10)$$
$$\left[\mathbf{f}(\mathbf{x}(k), \mathbf{u}(k), p(k), r(k)) \right]$$

$$\mathbf{g}(\mathbf{y}, \mathbf{u}) = \begin{bmatrix} p(k) & p(k) \\ r(k) \end{bmatrix}$$
(11)

$$\mathbf{h}(\mathbf{y}, \mathbf{u}) = \begin{bmatrix} \sigma_a \\ \theta_h \\ f_x(\mathbf{y}(k), \mathbf{u}(k)) \\ f_z(\mathbf{y}(k), \mathbf{u}(k)) \end{bmatrix}, \quad (12)$$

where f(.) is the dynamics of the robot, the noise terms w and v are uncorrelated, S and T are covariance matrices. Diag $(0.01^2, 0.01^2, 0.01^2, 0.01^2, 1, 0.01^2)$ and diag $(0.01^2, 0.01^2, 0.01^2, 0.01^2)$ are used for S and T, respectively. The state transition model and the observation model are both nonlinear, so the Extended Kalman Filter is employed [17]. The Extended Kalman Filter linearizes the nonlinear state transition model and the observation model as

$$\mathbf{F}(k) = \frac{\partial \mathbf{g}}{\partial \mathbf{y}} \Big|_{\hat{\mathbf{y}}(k-1|k-1), \mathbf{u}(k-1)}$$
(13)

$$\mathbf{H}(k) = \frac{\partial \mathbf{h}}{\partial \mathbf{y}} \bigg|_{\hat{\mathbf{y}}(k|k-1), \mathbf{u}(k-1)}.$$
 (14)

To predict the next state before measurements are taken:

$$\hat{\mathbf{y}}(k|k-1) = \mathbf{g}(\hat{\mathbf{y}}(k-1|k-1), \mathbf{u}(k-1))$$
(15)

$$\mathbf{P}(k|k-1) = \mathbf{F}(k)\mathbf{P}(k-1|k-1)\mathbf{F}^{T}(k) + \mathbf{S}$$
(16)

To update the state after measurements are taken:

$$\mathbf{z}_{err} = \mathbf{z}(k) - \mathbf{h}(\hat{\mathbf{y}}(k|k-1), \mathbf{u}(k-1))$$
(17)

$$\mathbf{K}(k) = \mathbf{P}(k|k-1)\mathbf{H}^{T}(\mathbf{H}\mathbf{P}(k|k-1)\mathbf{H}^{T}+\mathbf{T})^{-1} \quad (18)$$

$$\hat{\mathbf{y}}(k|k) = \hat{\mathbf{y}}(k|k-1) + \mathbf{K}(k)\mathbf{z}_{err}$$
(19)

$$\mathbf{P}(k|k) = (\mathbf{I} - \mathbf{K}(k)\mathbf{H})\mathbf{P}(k|k-1),$$
(20)

where \mathbf{K} is the Kalman gain matrix and \mathbf{P} is the covariance matrix for the state estimation.

V. SIMULATION RESULTS

In the following simulations, θ_a , θ_h , $\dot{\theta}_a$, and $\dot{\theta}_h$ denote the true values of ankle angle, hip angle, ankle velocity, and hip velocity. Their estimates are denoted by $\hat{\theta}_a$, $\hat{\theta}_h$, $\hat{\theta}_a$, and $\hat{\theta}_h$. $\bar{\theta}_a$, $\bar{\theta}_a$,



Fig. 4. The robot under the constant forward push at the head of 42 Newtons. The frames are taken in intervals of 0.3 seconds.

In the first simulation, a constant push of 42 Newtons at the head in the forward direction is applied. There is no trajectory for exactly the same push in the library and the optimal trajectory for a constant push of 39.5 Newtons at the head is selected. As shown in Figs. 4 and 5, the robot employs the hip torque to accelerate the torso, bends forward quickly, and then it leans backward into the push in order to use gravity to balance the push. Finally, all joint torques tend to zero. As shown in Figs. 6, 7, and 8, the state and push estimates quickly approach the true values.

In the second simulation, a large short push at the head of 50 Newtons in the forward direction lasting 0.5 seconds is tested. As shown in Figs. 9, 10, 11, and 12, the robot uses the hip torque to accelerate the torso, bends forward, and finally recovers its posture to be upright. It is also shown that the state and push estimates quickly approach the true values. In Fig. 12, the push location estimate is meaningless when the push size is zero.

The robustness of the proposed controller is tested with a sequence of random pushes. The test push size sequence is 15, 45, and 25 Newtons. Trajectories for constant pushes of 20, 39.5, and 26 Newtons are used. As shown in Figs. 13, 14, 15, and 16, for pushes of sizes and locations not in the library and changing with time, the robot can still keep balance.

For different push sizes and push locations on the torso, the performance of the proposed controller is compared with that of the optimal controller using the same optimization criterion. As shown in Fig. 17, the performance of the proposed controller is close to that of the optimal controller when there are trajectories in the library for the pushes that



Fig. 5. The joint torques for 42 Newtons forward push at the head.



Fig. 6. The joint angles for 42 Newtons forward push at the head.



Fig. 7. The joint velocities for 42 Newtons forward push at the head.



Fig. 8. Push size and location estimates for 42 Newtons forward push at the head.

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Fig. 9. Joint torques for the short forward push at head of 50 Newtons, lasting 0.5 seconds.



Fig. 10. Joint angles for the short forward push at head of 50 Newtons, lasting 0.5 seconds.

are close to the pushes applied. It becomes worse when the applied pushes are far from what is in the library. Because the trajectory library is generated based on performance, the performance degradation is bounded.

We have also designed a gain scheduling controller based on Linear Quadratic Regulators (LQR). It linearizes the system about the equilibrium state for each push size and push location. LQR controllers are then designed according to the same optimization criterion. According to the push size and the push location, an appropriate LQR controller is used. This gain scheduling controller falls down for constant forward pushes at the head of 36 Newtons. In contrast, the controller proposed here is able to handle constant forward pushes up to 55 Newtons.

VI. CONCLUSION AND FUTURE WORK

In this paper, a balance controller based on a trajectory library is proposed. We demonstrate that a trajectory library can be used for constrained nonlinear system control, such as a humanoid robot standing balance control. Taking balance control as an optimal control problem, the trajectory library and the neighboring optimal control method are used to generate local linear approximations to the optimal control. Differential Dynamic Programming (DDP) is used to generate the optimal trajectories and the neighboring optimal control. A nonlinear programming method, SNOPT, is used



Fig. 11. Joint velocities for the short forward push at head of 50 Newtons, lasting 0.5 seconds.



Fig. 12. Push size and location estimates for the short forward push at head of 50 Newtons, lasting 0.5 seconds.

to generate starting trajectories for DDP refinement, which makes the convergence rapid.

The proposed trajectory library generation method saves computation. It makes the final library compact but also satisfy the performance requirements. The trajectories and thus the linear approximation to the optimal control law can be accessed effectively using a lookup table, which make the proposed controller applicable for real-time control.

In our future work, robots with more links will be studied. For example, the 'squat strategy' can be generated if the robot has knee joints. Actually implementing this algorithm on a robot is also expected. This will require dealing with floor compliance and coordinating both legs and feet. Finally, we would like to extend our model to include a full 3D robot.

VII. ACKNOWLEDGMENTS

This material is based upon work supported in part by the National Science Foundation under grants ECS-0325383, EEC-0540865, and ECS-0824077.

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Fig. 13. Joint angles for random pushes sequence.



Fig. 14. Joint velocities for random pushes sequence.



Fig. 15. Joint torques for random pushes sequence.



Fig. 16. Push size and location estimates for random pushes sequence.



Fig. 17. Performance comparison when pushes are applied at 0.353 m of the torso. The blue dots are the values of the optimal controller, while the red open circles are the values of the proposed controller.

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