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Concentration of Measure

Consider the following questions:

1. You distribute \( n \) tasks among \( n \) machines, by sending each task to a machine uniformly and independently at random: while any machine has unit expected load, what is the maximum load (i.e., the maximum number of tasks assigned to any machine)?

2. You want to estimate the bias \( p \) of a coin by repeatedly flipping it and then taking the sample mean. How many samples suffice to be within \( \pm \varepsilon \) of the correct answer \( p \) with confidence \( 1 - \delta \)?

3. How many unit vectors can you choose in \( \mathbb{R}^n \) that are almost orthonormal? I.e., they must satisfy \( |\langle v_i, v_j \rangle| \leq \varepsilon \) for all \( i \neq j \)?

4. A \( n \)-dimensional hypercube has \( N = 2^n \) nodes. Each node \( i \in [N] \) contains a packet \( p_i \), which is destined for node \( \pi_i \), where \( \pi \) is a permutation. The routing happens in rounds. At each round, each packet traverses at most one edge, and each edge can transmit at most one packet. Find a routing policy where each packet reaches its destination in \( O(n) \) rounds, regardless of the permutation \( \pi \).

All these questions can be answered by the same basic tool, which goes by the name of Chernoff bounds or concentration inequalities or tail inequalities or concentration of measure, or tens of other names. The basic question is simple: if we have a real-valued function \( f(X_1, X_2, \ldots, X_m) \) of several independent random variables \( X_i \), such that it is “not too sensitive to each coordinate”, how often does it deviate far from its mean? To make it more concrete, consider this—

Given \( n \) independent random variables \( X_1, \ldots, X_n \), each bounded in the interval \([0, 1]\), let \( S_n = \sum_{i=1}^{n} X_i \). What is

\[
Pr \left[ S_n \not\in (1 \pm \varepsilon) \mathbb{E} S_n \right]
\]

This question will turn out to have relations to convex geometry, to online learning, to many other areas. But of greatest interest to
us, this question will solve many problems in algorithm analysis, including the above four. Let us see some basic results, and then give the answers to the four questions.

9.1 Asymptotic Analysis

We will be concerned with non-asymptotic analysis, i.e., the qualitative behavior of sums (and other Lipschitz functions) of finite number of (bounded) independent random variables. Before we begin that, a few words about the asymptotic analysis, which concerns the convergence of averages of infinite sequences of random variables.

Given a sequence of random variables \( \{X_n\} \) and another random variable \( Y \), the following two notions of convergence can be defined.

**Definition 9.1 (Convergence in Probability).** \( \{X_n\} \) converges in probability to \( Y \) if for every \( \epsilon > 0 \) we have
\[
\lim_{n \to \infty} \mathbb{P}(|X_n - Y| > \epsilon) = 0 \quad (9.1)
\]
This is denoted by \( X_n \xrightarrow{p} Y \).

**Definition 9.2 (Convergence in Distribution).** Let \( F_X(\cdot) \) denote the CDF of a random variable \( X \). \( \{X_n\} \) converges in distribution to \( Y \) if
\[
\lim_{n \to \infty} F_{X_n}(t) = F_Y(t) \quad (9.2)
\]
for all points \( t \) where the distribution function \( F_Y \) is continuous. This is denoted by \( X_n \xrightarrow{d} Y \).

There are many results known here, and we only mention the two well-known results below. The **weak law of large numbers** states that the average of independent and identically distributed (i.i.d.) random variables converges in probability to their mean.

**Theorem 9.3 (Weak law of large numbers).** Let \( S_n \) denote the sum of \( n \) i.i.d. random variables, each with mean \( \mu \) and variance \( \sigma^2 < \infty \), then
\[
S_n / n \xrightarrow{P} \mu. \quad (9.3)
\]

The **central limit theorem** tells us about the distribution of the sum of a large collection of i.i.d. random variables. Let \( N(0,1) \) denote the standard normal variable with mean 0 and variance 1, whose probability density function is \( f(x) = \frac{1}{\sqrt{2\pi}} \exp\left(-\frac{x^2}{2}\right) \).

**Theorem 9.4 (Central limit theorem).** Let \( S_n \) denote the sum of \( n \) i.i.d. random variables, each with mean \( \mu \) and variance \( \sigma^2 < \infty \), then
\[
\frac{S_n - n\mu}{\sqrt{n\sigma}} \xrightarrow{d} N(0,1). \quad (9.4)
\]

There are many powerful asymptotic results in the literature; see give references here.
9.2 Non-Asymptotic Convergence Bounds

Our focus will be on the behavior of finite sequences of random variables. The central question here will be: what is the chance of deviating far from the mean? Given an r.v. \( X \) with mean \( \mu \), and some deviation \( \lambda > 0 \), the quantity

\[
\Pr[X \geq \mu + \lambda]
\]

is called the upper tail, and the analogous quantity

\[
\Pr[X \leq \mu - \lambda]
\]

is the lower tail. We are interested in bounding these tails for various values of \( \lambda \).

9.2.1 Markov’s inequality

Most of our results will stem from the most basic of all results: Markov’s inequality. This inequality qualitatively generalizes that idea that a random variable cannot always be above its mean, and gives a bound on the upper tail.

**Theorem 9.5 (Markov’s Inequality).** Let \( X \) be a non negative random variable and \( \lambda > 0 \), then

\[
\Pr(X \geq \lambda) \leq \frac{\mathbb{E}(X)}{\lambda}
\]

With this in hand, we can start substituting various non-negative functions of random variables \( X \) to deduce interesting bounds. For instance, the next inequality looks at both the mean \( \mu := \mathbb{E}X \) and the variance \( \sigma^2 := \mathbb{E}[(X - \mu)^2] \) of a random variable, and bounds both the upper and lower tails.

9.2.2 Chebychev’s Inequality

**Theorem 9.6 (Chebychev’s inequality).** For any random variable \( X \) with mean \( \mu \) and variance \( \sigma^2 \), we have

\[
\Pr[|X - \mu| \geq \lambda] \leq \frac{\sigma^2}{\lambda^2}.
\]

**Proof.** Using Markov’s inequality on the non-negative r.v. \( Y = (X - \mu)^2 \), we get

\[
\Pr[Y \geq \lambda^2] \leq \frac{\mathbb{E}[Y]}{\lambda^2}.
\]

The proof follows from \( \Pr[Y \geq \lambda^2] = \Pr[|X - \mu| \geq \lambda] \). \( \square \)
interval

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9.2.3  Examples I

**Example 1** (Coin Flips): Let $X_1, X_2, \ldots, X_n$ be i.i.d. Bernoulli random variables with \( \Pr[X_i = 0] = 1 - p \) and \( \Pr[X_i = 1] = p \). (In other words, these are the outcomes of independently flipping \( n \) coins, each with bias \( p \).) Let \( S_n := \sum_i X_i \) be the number of heads. Then \( S_n \) is distributed as a binomial random variable \( \text{Bin}(n, p) \), with

\[
\mathbb{E}[S_n] = np \quad \text{and} \quad \text{Var}[S_n] = np(1 - p).
\]

Applying Markov’s inequality for the upper tail gives

\[
\Pr[S_n - pn \geq \beta n] \leq \frac{pn}{pn + \beta n} = \frac{1}{1 + (\beta/p)}.
\]

So, for \( p = 1/2 \), this is \( \frac{1}{1 + 2\beta} \approx 1 - O(\beta) \) for small values of \( \beta > 0 \). However, Chebychev’s inequality gives a much tighter bound:

\[
\Pr[|S_n - pn| \geq \beta n] \leq \frac{np(1 - p)}{\beta^2 n^2} < \frac{p}{\beta^2 n}.
\]

In particular, this already says that the sample mean \( S_n/n \) lies in the interval \( p \pm \beta \) with probability at least \( 1 - \frac{p}{\beta^2 n} \). Equivalently, to get confidence \( 1 - \delta \), we just need to set \( \delta \geq \frac{p}{\beta^2 n} \), i.e., take \( n \geq \frac{p}{\beta^2 \delta} \). (We will see a better bound soon.)

**Example 2** (Balls and Bins): Throw \( n \) balls uniformly at random and independently into \( n \) bins. Then for a fixed bin \( i \), let \( L_i \) denote the number of balls in it. Observe that \( L_i \) is distributed as a \( \text{Bin}(n, 1/n) \) random variable. Markov’s inequality gives a bound on the probability that \( L_i \) deviates from its mean \( 1 \) by \( \lambda \gg 1 \) as

\[
\Pr[L_i \geq 1 + \lambda] \leq \frac{1}{1 + \lambda} \approx \frac{1}{\lambda}.
\]

However, Chebychev’s inequality gives a much tighter bound as

\[
\Pr\left[|L_i - 1| \geq \lambda\right] \leq \frac{(1 - 1/n)}{\lambda^2} \approx \frac{1}{\lambda^2}.
\]

So setting \( \lambda = 2\sqrt{n} \) says that the probability of any fixed bin having more than \( 2\sqrt{n} + 1 \) balls is at most \( \frac{(1-1/n)}{4n} \). Now a union bound over all bins \( i \) means that, with probability at least \( n \cdot \frac{(1-1/n)}{4n} \leq 1/4 \), the load on every bin is at most \( 1 + 2\sqrt{n} \).

**Example 3** (Random Walk): Suppose we start at the origin and at each step move a unit distance either left or right uniformly randomly and independently. We can then ask about the behaviour of

Recall that linearity of expectations for r.v.s \( X,Y \) means \( \mathbb{E}[X + Y] = \mathbb{E}[X] + \mathbb{E}[Y] \). For independent we have \( \text{Var}[X + Y] = \text{Var}[X] + \text{Var}[Y] \).

Concretely, to get within an additive 1% error of the correct bias \( p \) with probability 99.9%, set \( \delta = 0.01 \) and \( \beta = 0.001 \), so taking \( n \geq 10^7 / p \) samples suffices.

Doing this argument with Markov’s inequality would give a trivial upper bound of \( 1 + 2n \) on the load. This is useless, since there are at most \( n \) balls, so the load can never be more than \( n \).
the final position after \( n \) steps. Each step \((X_i)\) can be modelled as a Rademacher random variable with the following distribution.

\[
X_i = \begin{cases} 
  1 & \text{w.p. } \frac{1}{2} \\
-1 & \text{w.p. } \frac{1}{2}
\end{cases}
\]

The position after \( n \) steps is given by \( S_n = \sum_{i=1}^{n} X_i \), with mean and variance being \( \mu = 0 \) and \( \sigma^2 = n \) respectively. Applying Chebyshev’s inequality on \( S_n \) with deviation \( \lambda = t\sigma = t\sqrt{n} \), we get

\[
\Pr\left[ S_n > t\sqrt{n} \right] \leq \frac{1}{t^2}.
\] (9.6)

We will soon see how to get a tighter tail bound.

### 9.2.4 Higher-Order Moment Inequalities

All the bounds in the examples above can be improved by using higher-order moments of the random variables. The idea is to use the same recipe as in Chebychev’s inequality.

**Theorem 9.7 (2k-th-Order Moment inequalities).** Let \( k \in \mathbb{Z}_{\geq 0} \). For any random variable \( X \) having mean \( \mu \), and finite moments up to order \( 2k \), we have

\[
\Pr[|X - \mu| \geq \lambda] \leq \frac{\mathbb{E}((X - \mu)^{2k})}{\lambda^{2k}}.
\]

**Proof.** The proof is exactly the same: using Markov’s inequality on the non-negative r.v. \( Y := (X - \mu)^{2k} \),

\[
\Pr[|X - \mu| \geq \lambda] = \Pr[Y \geq \lambda^{2k}] \leq \frac{\mathbb{E}[Y]}{\lambda^{2k}}.
\]

We can get stronger tail bounds for large values of \( k \), however it becomes increasingly tedious to compute \( \mathbb{E}((X - \mu)^{2k}) \) for the random variables of interest.

**Example 3** (Random Walk, continued): If we consider the fourth moment of \( S_n \):

\[
\mathbb{E}[(S_n)^4] = \mathbb{E}\left[ \sum_{i=1}^{n} X_i \right] = \mathbb{E}\left[ \sum_{i} X_i^4 + 4 \sum_{i<j} X_i^3 X_j + 6 \sum_{i<j} X_i^2 X_j^2 + 12 \sum_{i<j<k} X_i^2 X_j X_k + 24 \sum_{i<j<k<l} X_i X_j X_k X_l \right] = n + 6 \binom{n}{2},
\]

where we crucially used that the r.v.s are independent and mean-zero, hence terms like \( X_i^3 X_j, X_i^2 X_j X_k \), and \( X_i X_j X_k X_l \) all have mean
zero. Now substituting this expectation in the fourth-order moment inequality, we get a stronger tail bound for $\lambda = t\sigma = t\sqrt{n}$.

$$\Pr\left[|S_n| \geq t\sqrt{n}\right] \leq \frac{\mathbb{E}[|S_n|^4]}{t^4n^2} = \frac{n^2 + 6\sigma_n^2}{t^4n^2} = \Theta(1). \quad (9.7)$$

Compare this with the bound in (9.6).

### 9.2.5 Digression: The Right Answer for Random Walks

We can actually explicitly computing $\Pr(S_n = k)$ for sums of Rademacher random variables. Indeed, we just need to choose the positions for $+1$ steps, which means

$$\frac{\Pr[S_n = 2\lambda]}{\Pr[S_n = 0]} = \frac{\binom{n}{\lambda}}{\binom{n}{\lambda}}.$$

For large $n$, we can use Stirling's formula $n! \approx \sqrt{2\pi n} \left(\frac{n}{e}\right)^n$:

$$\frac{\Pr[S_n = 2\lambda]}{\Pr[S_n = 0]} \approx \frac{\binom{n}{\lambda}}{\binom{n}{\lambda}} = \frac{1}{(1 + \frac{2\lambda}{n})^{n+\lambda}(1 - \frac{2\lambda}{n})^{n-\lambda}}.$$

If $\lambda \ll n$, then we can approximate $1 + \frac{2\lambda}{n}$ by $e^{\frac{2\lambda}{n}}$:

$$\frac{\Pr[S_n = 2\lambda]}{\Pr[S_n = 0]} \approx e^{-\frac{2\lambda}{n}}(1 + \lambda)e^{\frac{2\lambda}{n}}(1 - \lambda) = e^{-\frac{4\lambda^2}{n}}.$$

Finally, substituting $\lambda = t\sigma = t\sqrt{n}$, we get

$$\Pr[S_n = 2\lambda] \approx \Pr[S_n = 0] \cdot e^{-4t^2}.$$

This shows that most of the probability mass lies in the region $|S_n| \leq O(\sqrt{n})$, and drops off exponentially as we go further. And indeed, this is the bound we will derive next—we will get slightly weaker constants, but we will avoid these tedious approximations.

### 9.3 Chernoff bounds, and Hoeffding’s inequality

The main bound of this section is a bit of a mouthful, but as Ryan O’Donnell says in his notes, you should memorize it “like a poem”. It is the most broadly applicable of the bounds:

**Theorem 9.8** (Hoeffding’s inequality). Let $X_1, \ldots, X_n$ be $n$ independent random variables taking values in $[0,1]$. Let $S_n := \sum_{i=1}^n X_i$, with mean $\mu := \mathbb{E}[S_n] = \sum_i \mathbb{E}[X_i]$. Then for any $\beta \geq 0$ we have

- **Upper tail**: $\Pr[S_n \geq \mu(1 + \beta)] \leq \exp\left\{-\frac{\beta^2\mu}{2 + \beta}\right\}. \quad (9.8)$
- **Lower tail**: $\Pr[S_n \leq \mu(1 - \beta)] \leq \exp\left\{-\frac{\beta^2\mu}{3}\right\}. \quad (9.9)$

The provenance of these bounds is again quite complicated. There’s Herman Chernoff’s paper, which derives the corresponding inequality for i.i.d. Bernoulli random variables. Wassily Hoeffding gives the generalization for independent random variables all taking values in some bounded interval $[a, b]$. Though Chernoff attributes his result to another Herman, namely Herman Rubin. There’s Harald Cramér (of the Cramér–Rao fame, not of Cramer’s rule). And there’s the bound by Sergei Bernstein, many years earlier, which is at least as strong...
Proof. We only prove (9.8); the proof for (9.9) is similar. The idea is to use Markov’s inequality not on the square or the fourth power, but on a function which is fast-growing enough so that we get tighter bounds, and “not too fast” so that we can control the errors. So we consider the Laplace transform, i.e., the function

\[ x \mapsto e^{tx} \]

for some value \( t > 0 \) to be chosen carefully. Since this map is monotone,

\[
\Pr[S_n \geq \mu(1 + \beta)] = \Pr[e^{S_n} \geq e^{\mu(1+\beta)}] \\
\leq \frac{\mathbb{E}[e^{S_n}]}{e^{\mu(1+\beta)}} \quad \text{(using Markov’s inequality)} \\
= \prod_i \frac{\mathbb{E}[e^{X_i}]}{e^{\mu(1+\beta)}} \quad \text{(using independence)}
\]

(9.10)

Bernoulli random variables: Assume that all the \( X_i \in \{0, 1\} \); we will remove this assumption later. Let the mean be \( \mu_i = \mathbb{E}[X_i] \), so the moment generating function can be explicitly computed as

\[
\mathbb{E}[e^{tX_i}] = 1 + \mu_i(e^t - 1) \leq \exp(\mu_i(e^t - 1)).
\]

Substituting, we get

\[
\Pr[S_n \geq \mu(1 + \beta)] \leq \prod_i \frac{\mathbb{E}[e^{X_i}]}{e^{\mu(1+\beta)}} \\
\leq \prod_i \frac{\exp(\mu_i(e^t - 1))}{e^{\mu(1+\beta)}} \\
\leq \frac{\exp(\mu(e^t - 1))}{e^{\mu(1+\beta)}} \quad \text{(since } \mu = \sum \mu_i\} \\
= \exp(\mu(e^t - 1) - t\mu(1 + \beta)).
\]

(9.13)

Since this calculation holds for all positive \( t \), and we want the tightest upper bound, we should minimize the expression (9.13). Setting the derivative w.r.t. \( t \) to zero gives \( t = \ln(1 + \beta) \) which is non-negative for \( \beta \geq 0 \).

\[
\Pr[S_n \geq \mu(1 + \beta)] \leq \left( \frac{e^\beta}{(1+\beta)^{1+\beta}} \right)^\mu.
\]

(9.14)

We’re almost there: a slight simplification is that

\[
\frac{\beta}{1 + \beta/2} \leq \ln(1 + \beta)
\]

(9.15)

for all \( \beta \geq 0 \), so

\[
(9.13) = \exp(\mu(\beta - (1 + \beta) \ln(1 + \beta))) \leq \exp \left( \frac{-\beta^2\mu}{2 + \beta} \right),
\]

This bound on the upper tail is also one to be kept in mind; it often is useful when we are interested in large deviations where \( \beta \gg 1 \). One such example will be the load-balancing application with jobs and machines.
with the last inequality following from simple algebra. This proves
the upper tail bound \( (9.8) \); a similar proof gives us the lower tail as well.

*Removing the assumption that \( X_i \in \{0,1\} \):* If the r.v.s are not Bernoullis,
then we define new Bernoulli r.v.s \( Y_i \sim \text{Bernoulli}(\mu_i) \), which take
value 0 with probability \( 1 - \mu_i \), and value 1 with probability \( \mu_i \), so
that \( E[X_i] = E[Y_i] \). Note that \( f(x) = e^{tx} \) is convex for every value
of \( t \geq 0 \); hence the function \( \ell(x) = (1 - x) \cdot f(0) + x \cdot f(1) \) satisfies
\( f(x) \leq \ell(x) \) for all \( x \in [0,1] \). Hence \( E[f(X_i)] \leq E[\ell(X_i)] \); moreover
\( \ell(x) \) is a linear function so \( E[\ell(X_i)] = \ell(E[X_i]) = E[\ell(Y_i)] \), since
\( X_i \) and \( Y_i \) have the same mean. Finally, \( \ell(y) = f(y) \) for \( y \in \{0,1\} \).
Putting all this together,
\[
E[e^{tX_i}] \leq E[e^{tY_i}] = 1 + \mu_i(e^t - 1) \leq \exp(\mu_i(e^t - 1)),
\]
so the step from (9.11) to (9.12) goes through again. This completes
the proof of Theorem 9.8. \( \square \)

Since the proof has a few steps, let’s take stock of what we did:
i. Markov’s inequality on the function \( e^{tX} \),
ii. independence and linearity of expectations to break into \( e^{tX_i} \),
iii. reduction to the Bernoulli case \( X_i \in \{0,1\} \),
iv. compute the MGF (moment generating function) \( E[e^{tX_i}] \),
v. choose \( t \) to minimize the resulting bound, and
vi. use convexity to argue that Bernoullis are the “worst case”.
You can get tail bounds for other functions of random variables by
varying this template around; e.g., we will see an application for
sums of independent normal (a.k.a. Gaussian) random variables in
the next chapter. Talk about Cramér and the Fenchel dual?

9.3.1 The Examples Again: New and Improved Bounds

**Example 1** (Coin Flips): Since each r.v. is a Bernoulli(\( p \)), the sum
\( S_n = \sum X_i \) has mean \( \mu = np \), and hence
\[
Pr \left[ |S_n - np| \geq \beta n \right] \leq \exp \left( -\frac{\beta^2 n}{2p + \beta} \right) \leq \exp \left( -\frac{\beta^2 n}{2} \right).
\]
(For the second inequality, we use that the interesting settings have
\( p + \beta \leq 1 \).) Hence, if \( n \geq \frac{2\ln(1/\delta)}{\beta^2} \), the empirical average \( S_n/n \) is
within an additive \( \beta \) of the bias \( p \) with probability at least \( 1 - \delta \). This
has an exponentially better dependence on \( 1/\delta \) than the bound we
obtained from Chebychev’s inequality.

This is asymptotically the correct answer: consider the problem
where we have \( n \) coins, \( n - 1 \) of them having bias \( 1/2 \), and one having
bias \( 1/2 + 2\beta \). We want to find the higher-bias coin. One way is to estimate
the bias of each coin to within \( \beta \) with confidence \( 1 - \frac{1}{2n} \), using
the procedure above—which takes $O(\log n/\epsilon^2)$ flips per coin—and then take a union bound. It turns out any algorithm needs $\Omega(n \log n/\epsilon^2)$ flips, so this the bound we have is tight. Give more details and refs.

Example 2 (Load Balancing): Since the load $L_i$ on any bin $i$ behaves like $\text{Bin}(n, 1/n)$, the expected load is 1. Now (9.8) says:

$$\Pr[L_i \geq 1 + \beta] \leq \exp \left(-\frac{\beta^2}{2 + \beta}\right).$$

If we set $\beta = \Theta(\log n)$, the probability of the load $L_i$ being larger than $1 + \beta$ is at most $1/n^2$. Now taking a union bound over all bins, the probability that any bin receives at least $1 + \beta$ balls is at most $1/n^2$. I.e., the maximum load is $O(\log n)$ balls with high probability.

In fact, the correct answer is that the maximum load is $(1 + o(1)) \ln n/\ln \ln n$ with high probability. For example, the proofs in cite show this. Getting this precise bound requires a bit more work, but we can get an asymptotically correct bound by using (9.14) instead, with a setting of $\beta = C \ln n/\ln \ln n$ with a large constant $C$.

Moreover, this shows that the asymmetry in the bounds (9.8) and (9.9) is essential. A first reaction would have been to believe our proof to be weak, and to hope for a better proof to get

$$\Pr[S_n \geq (1 + \beta)\mu] \leq \exp(-\beta^2 \mu/c)$$

for some constant $c > 0$, for all values of $\beta$. This is not possible, however, because it would imply a max-load of $\Theta(\sqrt{\log n})$ with high probability.

Example 3 (Random Walk): In this case, the variables are $[-1, 1]$ valued, and hence we cannot apply the bounds from Theorem 9.8 directly. But define $Y_i = \frac{X_i}{2}$ to get Bernoulli(1/2) variables, and define $T_n = \sum_{i=1}^n Y_i$. Since $T_n = S_n/2 + n/2$,

$$\Pr[|S_n| \geq t\sqrt{n}] = \Pr[|T_n - n/2| \geq (t/2)\sqrt{n}]$$

$$\leq 2 \exp \left\{-\frac{(t^2/n) \cdot (n/2)}{2 + \sqrt{t/n}}\right\} \quad \text{using (9.8)}$$

$$\leq 2 \exp(-t^2/6).$$

Recall from §9.2.5 that the tail bound of $\approx \exp(-t^2/O(1))$ is indeed in the right ballpark.

9.4 Other concentration bounds

Many of the extensions address the various assumptions of Theorem 9.8: that the variables are bounded, that they are independent,
and that the function $S_n$ is the sum of these r.v.s. Add details and refs to this section.

But before we move on, let us give the bound that Sergei Bernstein gave in the 1920s: it uses knowledge about the variance of the random variable to get a potentially sharper bound than Theorem 9.8.

**Theorem 9.9** (Bernstein’s inequality). Consider $n$ independent random variables $X_1, \ldots, X_n$ with $|X_i - \mathbb{E}[X_i]| \leq 1$ for each $i$. Let $S_n := \sum X_i$ have mean $\mu$ and variance $\sigma^2$. Then for any $\lambda \geq 0$ we have

$$\Pr[|S_n - \mu| \geq \lambda] \leq 2 \exp\left(-\frac{\lambda^2}{2\sigma^2 + 2\lambda/3}\right).$$

### 9.4.1 Mildly Correlated Variables

The only place we used independence in the proof of Theorem 9.8 was in (9.10). So if we have some set of r.v.s where this inequality holds even without independence, the proof can proceed unchanged. Indeed, one such case is when the r.v.s are negatively correlated. Loosely speaking, this means that if some variables are “high” then it makes more likely for the other variables to be “low”. Formally, $X_1, \ldots, X_n$ are negatively associated if for all disjoint sets $A, B$ and for all monotone increasing functions $f, g$, we have

$$\mathbb{E}[f(X_i : i \in A) \cdot g(X_j : j \in B)] \leq \mathbb{E}[f(X_i : i \in A)] \cdot \mathbb{E}[g(X_j : j \in B)].$$

We can use this in the step (9.10), since the function $e^{tx}$ is monotone increasing for $t > 0$.

Negative association arises in many settings: say we want to choose a subset $S$ of $k$ items out of a universe of size $n$, and let $X_i = 1_{i \in S}$ be the indicator for whether the $i^{th}$ item is selected. The variables $X_1, \ldots, X_n$ are clearly not independent, but they are negatively associated.

### 9.4.2 Martingales

A different and powerful set of results can be obtained when we stop considering random variables are not independent, but allow variables $X_i$ to take on values that depend on the past choices $X_1, X_2, \ldots, X_{i-1}$ but in a controlled way. One powerful formalization is the notion of a martingale. A martingale difference sequence is a sequence of r.v.s $Y_1, Y_2, \ldots, Y_n$, such that $\mathbb{E}[Y_i \mid Y_1, \ldots, Y_{i-1}] = 0$ for each $i$. (This is true for mean-zero independent r.v.s, but may be true in other settings too.)

**Theorem 9.10** (Hoeffding-Azuma inequality). Let $Y_1, Y_2, \ldots, Y_n$ be a martingale difference sequence with $|Y_i| \leq c_i$ for each $i$, for constants $c_i$. 
Then for any \( t \geq 0 \),

\[
\Pr \left[ \left| \sum_{i=1}^{n} Y_i \right| \geq \lambda \right] \leq 2 \exp \left( -\frac{\lambda^2}{2 \sum_{i=1}^{n} c_i^2} \right).
\]

For instance, applying the Azuma-Hoeffding bounds to the random walk in Example 3, where each \( Y_i \) is a Rademacher r.v. gives \( \Pr[|S_n| \geq t\sqrt{n}] \leq 2 e^{-t^2/8} \), which is very similar to the bounds we derived above. But we can also consider, e.g., a “bounded” random walk that starts at the origin, say, and stops whenever it reaches either \(-\ell \) or \(+r\). In this case, the step size \( Y_i = 0 \) with unit probability if \( \sum_{i=1}^{j-1} Y_j \in \{-\ell, r\} \), else it is \( \{\pm 1\} \) independently and uniformly at random.

### 9.4.3 Going Beyond Sums of Random Variables

The Azuma-Hoeffding inequality can be used to bound functions of \( X_1, \ldots, X_n \) other than their sum—and there are many other bounds for more general classes of functions. In all these cases we want any single variable to affect the function only in a limited way—i.e., the function should be Lipschitz. One popular packaging was given by Colin McDiarmid:

**Theorem 9.11** (McDiarmid’s inequality). Consider \( n \) independent r.v.s \( X_1, \ldots, X_n \), with \( X_i \) taking values in a set \( A_i \) for each \( i \), and a function \( f : \prod A_i \to \mathbb{R} \) satisfying \( |f(x) - f(x')| \leq c_i \) whenever \( x \) and \( x' \) differ only in the \( i^{th} \) coordinate. Let \( \mu := \mathbb{E}[f(X_1, \ldots, X_n)] \) be the expected value of the random variable \( f(X) \). Then for any non-negative \( \beta \),

**Upper tail**: \( \Pr[f(X) \geq \mu(1 + \beta)] \leq \exp \left( -\frac{2\mu^2 \beta^2}{\sum c_i^2} \right) \)

**Lower tail**: \( \Pr[f(X) \leq \mu(1 - \beta)] \leq \exp \left( -\frac{2\mu^2 \beta^2}{\sum c_i^2} \right) \)

This inequality does not assume very much about the function, except it being \( c_i \)-Lipschitz in the \( i^{th} \) coordinate; hence we can also use this to the truncated random walk example above, or for many other applications.

### 9.4.4 Moment Bounds vs. Chernoff-style Bounds

One may ask how moment bounds relate to Chernoff-Hoeffding bounds: Philips and Nelson showed that bounds obtained using this approach of bounding the moment-generating function are never stronger than moment bounds:
Theorem 9.12. Consider \( n \) independent random variables \( X_1, \ldots, X_n \), each with mean 0. Let \( S_n = \sum X_i \). Then
\[
\Pr[S_n \geq \lambda] \leq \min_{k \geq 0} \frac{\mathbb{E}[X^k]}{\lambda^k} \leq \inf_{t \geq 0} \frac{\mathbb{E}[e^{tX}]}{e^{t\lambda}}
\]

9.4.5 Matrix-Valued Random Variables

Finally, an important line of research considers concentration for vector-valued and matrix valued functions of independent (and mildly dependent) r.v.s. One object that we will see in a homework, and also in later applications, is the matrix-valued case: here the notation \( A \succeq 0 \) means the matrix is positive-semidefinite (i.e., all its eigenvalues are non-negative), and \( A \succeq B \) means \( A - B \succeq 0 \).

Theorem 9.13 (Matrix Chernoff bounds). Consider \( n \) independent symmetric matrices \( X_1, \ldots, X_n \) of dimension \( d \). Moreover, \( I \succeq X_i \succeq 0 \) for each \( i \), i.e., the eigenvalues of each matrix are between 0 and 1. If \( \mu_{\text{max}} := \lambda_{\text{max}}(\sum \mathbb{E}[X_i]) \) is the largest eigenvalue of their expected sum, then
\[
\Pr\left[\lambda_{\text{max}}(\sum X_i) \geq \mu_{\text{max}} + \gamma\right] \leq d \exp\left(-\frac{\gamma^2}{2\mu_{\text{max}} + \gamma}\right).
\]

As an example, if we are throwing \( n \) balls into \( n \) bins, then we can let matrix \( X_i \) have a single 1 at position \((j,j)\) if the \( i \)th ball falls into bin \( j \), and zeros elsewhere. Now the sum of these matrices has the loads of the bins on the diagonal, and the maximum eigenvalue is precisely the highest load. This bound therefore gives that the probability of a bin with load \( 1 + \gamma \) is at most \( n \cdot e^{\gamma^2/(2+\gamma)} \) — again implying a maximum load of \( O(\log n) \) with high probability.

But we can use this for a lot more than just diagonal matrices (which can be reasoned about using the scalar-valued Chernoff bounds, plus the naïve union bound). Indeed, we can sample edges of a graph at random, and then talk about the eigenvalues of the resulting adjacency matrix (or more interestingly, of the resulting Laplacian matrix) using these bounds. We will discuss this in a later chapter.

9.5 Application: Oblivious Routing on the Hypercube

Now we return to fourth application mentioned at the beginning of the chapter. (The first two applications have already been considered above, the third will be covered as a homework problem.)

The setting is the following: we are given the \( d \)-dimensional hypercube \( Q_d \), with \( n = 2^d \) vertices. We have \( n = 2^d \) vertices, each labeled with a \( d \)-bit vector. Each vertex \( i \) has a single packet (which we also
call packet \(i\), destined for vertex \(\pi(i)\), where \(\pi\) is a permutation on the nodes \([n]\).

Packets move in synchronous rounds. Each edge is bi-directed, and at most one packet can cross each directed edge in each round. Moreover, each packet can cross at most one edge per round. So if \(uv \in E(Q_d)\), one packet can cross from \(u\) to \(v\), and one from \(v\) to \(u\), in a round. Each edge \(e\) has an associated queue; if several packets want to cross \(e\) in the same round, only one can cross, and the rest wait in the queue, and try again the next round. (So each node has \(d\) queues, one for each edge leaving it.) We assume the queues are allowed to grow to arbitrary size (though one can also show queue length bounds in the algorithm below). The goal is to get a simple routing scheme that delivers the packets in \(O(d)\) rounds.

One natural proposal is the bit-fixing routing scheme: each packet \(i\) looks at its current position \(u\), finds the first bit position where \(u\) differs from \(\pi(i)\), and flips the bit (which corresponds to traversing an edge out of \(u\)). For example:

\[
0001010 \rightarrow 1001010 \rightarrow 1101010 \rightarrow 1100010 \rightarrow 1100011.
\]

However, this proposal can create “congestion hotspots” in the network, and therefore delay some packets by \(2^{\Omega(d)}\): see example on Piazza. In fact, it turns out any deterministic oblivious strategy (that does not depend on the actual sources and destinations) must have a delay of \(\Omega(\sqrt{2^d/d})\) rounds.

### 9.5.1 A Randomized Algorithm...

Here’s a great randomized strategy, due to Les Valiant, and to Valiant and Brebner. It requires no centralized control, and is optimal in the sense of requiring \(O(d)\) rounds (with high probability) on any permutation.

Each node \(i\) picks a randomized midpoint \(R_i\) independently and uniformly from \([n]\); it sends its packet to \(R_i\). Then after \(5d\) rounds have elapsed, the packets proceed to their final destinations \(\pi(i)\). All routing is done using bit-fixing.

### 9.5.2 ... and its Analysis

**Theorem 9.14.** The random midpoint algorithm above succeeds in delivering the packets in at most \(10d\) rounds, with probability at least \(1 - \frac{2}{n}\).

**Proof.** We only prove that all packets reach their midpoints by time \(5d\), with high probability. The argument for the second phase is then identical. Let \(P_i\) be the bit-fixing path from \(i\) to the midpoint \(R_i\). The following claim is left as an exercise:
Claim 9.15. Any two paths \( P_i \) and \( P_j \) intersect in one contiguous segment.

Since \( R_i \) is chosen uniformly at random from \( \{0,1\}^d \), the labels of \( i \) and \( R_i \) differ in \( d/2 \) bits in expectation. Hence \( P_i \) has expected length \( d/2 \). There are \( 2^d = dn \) (directed) edges, and all \( n = 2^d \) paths behave symmetrically, so the expected number of paths \( P_j \) using any edge \( e \) is \( \frac{nd/2}{2^d} = 1/2 \). Now define

\[
S(i) = \{ j \mid \text{path } P_j \text{ shares an edge with } P_i \}.
\]

Claim 9.16. Packet \( i \) reaches the midpoint by time at most \( d + |S(i)| \).

Proof. This is a clever, cute argument. Let \( P_i = \langle e_1, e_2, \ldots, e_\ell \rangle \). Say that a packet in \( \{i\} \cup S(i) \) that wants to cross edge \( e_k \) at the start of round \( t \) has lag \( t - k \). Hence packet \( i \) reaches \( R_i \) at time equal to the length of \( P_i \) plus its lag just before it crosses the last edge \( e_\ell \). We now show that if \( i \)'s lag increases from \( L \) to \( L + 1 \) at some point, then some packet leaves the path \( P_i \) (forever, because of Claim 9.15) with final lag \( L \) at some future point in time. Indeed, if \( i \)'s lag increased from \( L \) to \( L + 1 \) at edge \( e_k \), then some packet crossed \( e_k \) instead and its lag was \( L \). Now either this packet leaves path \( P_i \) with lag \( L \), or else it is delayed at some subsequent edge on \( P_i \) (and the edge traversing that edge has lag \( L \)).

Hence each increase in \( i \)'s lag \( L \to L + 1 \) can be charged to some packet in \( S(i) \) that eventually leaves \( P_i \) with lag \( L \); this bounds the maximum delay by \( |P_i| + |S(i)| \leq d + |S(i)| \).

Claim 9.17. \( \Pr[|S(i)| \geq 4d] \leq e^{-2d} \).

Proof. If \( X_{ij} \) is the indicator of the event that \( P_i \) and \( P_j \) intersect, then

\[
|S(i)| = \sum_{j \neq i} X_{ij},
\]

i.e., it is a sum of a collection of independent \( \{0,1\} \)-valued random variables. Now conditioned on any choice of \( P_i \) (which is of length at most \( d \)), the expected number of paths using each edge in it is at most \( 1/2 \), so the conditional expectation of \( S(i) \) is at most \( d/2 \). Since this holds for any choice of \( P_i \), the unconditional expectation \( \mu = \mathbb{E}[S(i)] \) is also at most \( d/2 \). Now apply the Chernoff bound to \( S(i) \) with \( \beta \mu = 4d - \mu \) and \( \mu \leq d/2 \) to get

\[
\Pr[|S(i)| \geq 4d] \leq \exp \left\{ -\frac{(4d - \mu)^2}{2\mu + (4d - \mu)} \right\} \leq e^{-2d}.
\]

Note that we could apply the bound even though the variables \( X_{ij} \) were not i.i.d., and moreover we did not need estimates for \( \mathbb{E}[X_{ij}] \), just an upper bound for their expected sum.

Now applying a union bound over all \( n = 2^d \) packets \( i \) means that all \( n \) packets reach their midpoints within \( d + 4d \) steps with
probability $1 - 2^d \cdot e^{-2d} \geq 1 - e^{-d} \geq 1 - 1/n$. Similarly, the second phase has a probability at most $1/n$ of failing to complete in $5d$ steps, completing the proof. \qed

9.5.3 Graph Sparsification